

The Ottawa Valley Branch Report

OVB Annual General Meeting ...MOVING TO A SPRING DATE... Wed. May 11, 2011 Carleton Place Canoe Club

To comply with national requirements, Ottawa Valley Branch is moving its Annual General Meeting to the spring.

- Complimentary lunch
- Information tables
- Guest speaker - Gabrielle Gagné
Income Security Programs Update



Mark this date on your calendar - details to follow in early April

President's Message

By way of introduction to Ottawa Valley's membership, I am Charles (Chuck) Parent, newly elected President of our Branch. I spent 35 years in the Canadian Forces (Air Force) and have served as Commanding Officer of CFS Senneterre in Quebec, Commanding Officer of 412 (VIP) Squadron in Ottawa, Base Commander of CFB Summerside in PEI, and finally, as Canadian Military Attache in Spain.

Jim Piché, our previous President for many years, ran an excellent ship and I see no significant changes of direction. We will, however, change the date of our AGM from Sept. to May to conform to national's requirements. Moreover, we will emphasize the development of our committee structure in an attempt to better serve our members. In this regard, we are in desperate need of more volunteers for this development.

Chuck Parent

If you'd like to volunteer, contact any Board member!



OVB Vice-President attends dedication ceremony

On January 25, Branch vice-president Steve Fahie attended the ceremony dedicating the national office in memory of Claude Edwards. Mr. Edwards was the first



president of the Public Service Alliance of Canada, and was national president of FSNA from 1989 to 1998. He was a driving force in the establishment of the pensioners dental plan.

The event was hosted by Executive Director Sylvia Ceacero and National President Hélian Lizotte, with tributes from a number of special guests.

Here Steve poses with former PSAC president Daryl Bean who was among the many guests on hand for the dedication event.

Meds while out of the country

Some FSNA members have been enquiring how they can get more than a 100-day supply of prescription medication, using their PSHCP benefits card, when they are travelling out of the country. Health Benefits Officer, Ed Rockburne, has contacted Sun Life and they suggest seeing your doctor who can prescribe the extra meds, then call Sun Life at least a week before you need them and they will notify your pharmacy. You also have the option of paying for the meds up front and then putting in a claim to Sun Life with a note stating 'left on trip before pharmacy could be advised.'

As Sun Life is extremely busy lately the second option may be the most efficient.

Ottawa Valley Branch 2011 Board of Directors

President – Chuck Parent - 613-692-0537 - bcparent@sympatico.ca

Past-President - Jim Piché – 613-267-9669 – campic@storm.ca

Vice-President & Membership - Steve Fahie - 613-839-1359 - fs.na@hotmail.com

Treasurer – Doug Schoular - 613-253-8847 - doug_pat@sympatico.ca

Secretary – Lynda Smith – 613-267-8221 – smithl@superaje.com

Ass't Membership - Larry Palmer - 613-267-5410 - lpalmer1938@hotmail.com

Health Benefits Officer – Ed Rockburne – 613-264-8372 – erockburne@cogeco.ca

Branch Report – Judy Buehler – 613-264-8856 – goodlife@ripnet.com

Webmaster – Steve Fahie - 613-839-1359 - fs.na@hotmail.com

Director-at-large - Bill Irwin – 613- 267-9972 – billsyboysy@yahoo.ca

Director-at-large - Ed Chenard - 613-264-0678 - mechen@storm.ca

Bylaws & Resolutions - Vacant

Where to find us: FSNA Ottawa Valley Branch
www.fsnaottawavalley.ca