

ON GUARD

NATIONAL ASSOCIATION OF FEDERAL RETIREES NEWSLETTER



The Ottawa Valley Branch Report

OVB Annual General Meeting Wed. Sept. 15, 2010 Perth Legion

- Complimentary Lunch
- Information Tables with experts on hand to answer questions
- Guest Speakers
- President's Address summarizing the year's activities
- Door Prizes
- Great opportunity to socialize with other retirees



**Mark this date on your calendar.
Details to follow closer to the date.**

FSNA Advocacy

Throughout the year, FSNA executive members are meeting with government officials across Canada to protect and enhance your benefits... tax issues, medical coverage, and pension benefits, to name a few. Meetings are held with ministers of finance, Canadian Labour Congress, ministers of health, ministers of community services, and seniors' secretariats. All in a day's work for your FSNA representatives.

Search for New Board Members

Your Branch Board of Directors is once again searching for new members. In the past, many of you have come forward to sit on the Board and it has given us a great mix of skills. However, we never stop looking. Your skills learned while working for the Government of Canada may be just what the Branch needs to continue its efforts to protect the interests and enhance the benefits of FSNA members in the Ottawa Valley.

If you can spare a few hours a month to make your Branch more effective ... and have some fun at the same time ... contact Jim Piché at 613-267-9669, or Chuck Parent at 613-692-0537 (bcparent@sympatico.ca).



FSNA Ottawa Valley Branch New Mailing Address

Beginning Saturday May 1, 2010, all regular mail for the Ottawa Valley Branch of FSNA should be sent to the following address:

FSNA Ottawa Valley Branch
Attn: (Board of Director's name or office, such
as Treasurer, Membership, President, etc.)
P.O. Box 20133
Perth, Ontario
K7H 3M6

Email may be sent to fs.na@hotmail.com

Ottawa Valley Branch 2010 Board of Directors

President – Jim Piché – 613-267-9669 – campic@storm.ca

Past-President - Len Johnston – 613-283-6323 – leonardohnston10@sympatico.ca

Vice-President - Chuck Parent - 613-692-0537 - bcparent@sympatico.ca

Treasurer – Doug Schoular - 613-253-8847 - doug_pat@sympatico.ca

Secretary – Lynda Smith – 613-267-8221 – smithl@superaje.com

Membership – Steve Fahie - 613-839-1359 - steve@mississippiphotographic.ca

Membership - Larry Palmer - 613-267-5410 - lpalmer1938@hotmail.com

PSHCP/PDSP– Ed Rockburne – 613-264-8372 – erockburne@cogeco.ca

Branch Report – Judy Buehler – 613-326-0106 – goodlife@ripnet.com

Webmaster – Steve Fahie - 613-839-1359 - steve@mississippiphotographic.ca

Director-at-large - Bill Irwin – 613- 267-9972 – billsyboosy@yahoo.ca

Director-at-large - Larry Gray – 613-253-2006 – landgg@sympatico

Where to find us: FSNA Ottawa Valley Branch
www.fsnaottawavalley.ca